

MENSWATCH PROGRAM

RAISING AWARENESS &
TAKING ACTION

TO ADDRESS MALE SUICIDE
& DEPRESSION



You are invited to participate in an important program designed to support men and prevent male suicide

Menswatch equips men with knowledge, skill and confidence to support other men experiencing challenges with personal, relationship or mental health issues.

The program is delivered by skilled male facilitators from the Australian Institute of Male Health & Studies

Each program is delivered over 3 nights over 3 weeks at the following town

Blyth Bowling Club : Tuesday April 14th, 21st and 28th. (RSVP by April 7th Please)

The PROGRAM begins with free meal and soft drink at 6.30pm, followed by workshop finishing at 9.30pm

RSVP (for catering purposes) and inquiries: Clare Hospital Reception 88426500

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